



### OVERVIEW:

This session will be discussion based around scenarios to highlight how patients who may be, or who have been, diagnosed with continence problems can be supported. Designed to support pharmacy teams and other healthcare professionals in advancing their knowledge and skills in this area, the session will consider the signs and symptoms of continence problems, the management options as well as the pharmacy team's role. Incontinence is a common problem thought to affect millions of people. It can be extremely distressing for the individual and families, so join us to see what difference you can make in your professional roles.

### LEARNING OUTCOMES:

*After the event participants will be able to:*

- Describe the main features of the different types of continence problems, including; urinary stress incontinence, urinary urge incontinence, urinary overflow incontinence and bowel incontinence
- Identify factors that may contribute to the development and/or continuation of these problems
- Recognise the symptoms and when referral is necessary, or when the condition can be managed appropriately by the patient, with support and advice from the pharmacy team
- Explore the different pharmacological management options including, dosage regimens, cautions, monitoring requirements and how to manage side effects and non-pharmacological management options that patients could access
- Understand how enuresis in children can be approached and managed

### DESIGNED FOR:

Pharmacy professionals working in Primary Care and Community settings. Staff working in other sectors are welcome to attend for information.

### FACILITATORS:

HEIW Facilitators

### EVENTS:

19:30 on Thursday 07/10/2021 (21FP05)  
19:30 on Wednesday 13/10/2021 (21FP06)  
12:30 on Tuesday 19/10/2021 (21FP07)  
19:30 on Tuesday 19/10/2021 (21FP08)

### FORMAT:

This course will consist of pre-course reading and activities. The session itself will be a facilitated online session with active discussion of scenarios with your colleagues.

### PRE-COURSE PREPARATION:

A pre-workshop booklet will be made available to you approximately two weeks prior to the event. This will require completion and provide material for discussion and review at the event.

### REGISTRATION CLOSES:

30 minutes before start time

For further details and to register  
please visit:



<https://www.wcppe.org.uk/shop>

[Contact us today](#)

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### TROSOLWG:

Bydd y sesiwn hon yn drafodaeth yn seiliedig ar senarios i dynnu sylw at sut y gellir cefnogi cleifion a allai fod, neu sydd wedi cael diagnosis o broblemau ymataliaeth. Wedi'i gynllunio i gefnogi timau fferylliaeth a gweithwyr gofal iechyd proffesiynol eraill i ddatblygu eu gwybodaeth a'u sgiliau yn y maes hwn, bydd y sesiwn yn ystyried arwyddion a symptomau problemau ymataliaeth, yr opsiynau rheoli yn ogystal â rôl y tîm fferyllol. Mae anymataliaeth yn broblem gyffredin y credir ei bod yn effeithio ar filiynau o bobl. Gall beri trallod mawr i'r unigolyn a'r teuluoedd, felly ymunwch â ni i weld pa wahaniaeth y gallwch ei wneud yn eich rolau proffesiynol.

### DEILLIANNAU DYSGU:

*Ar ôl y digwyddiad bydd cyfranogwyr yn gallu:*

- Disgrifio brif nodweddion y gwahanol fathau o broblemau ymataliaeth, gan gynnwys; anymataliaeth straen wrinol, anymataliaeth ysfa wrinol, anymataliaeth gorlif wrinol ac anymataliaeth coluddyn
- Nodi ffactorau a allai gyfrannu at ddatblygiad a / neu barhad y problemau hyn
- Cydnabod y symptomau a phryd mae angen atgyfeirio, neu pryd y gall y claf reoli'r cyflwr yn briodol, gyda chefnogaeth a chynghor gan dîm y fferyllfa
- Archwilio'r gwahanol opsiynau rheoli ffarmacolegol gan gynnwys, trefn dosau, rhybuddion, gofynion monitro a sut i reoli sgîl-ffeithiau ac opsiynau rheoli nad ydynt yn ffarmacolegol y gallai cleifion eu cyrchu
- Deall sut y gellir mynd at a rheoli enuresis mewn plant

### CYNLLUNIWDYD AR GYFER:

Gweithwyr proffesiynol fferyllol sy'n gweithio mewn lleoliadau Gofal Sylfaenol a Chymunedol. Mae croeso i staff sy'n gweithio mewn sectorau eraill ddod i gael gwybodaeth.

### HWYLUSYDD:

Hwyluswyr AaGIC

### DIGWYDDIADAU:

19:30 dydd Iau 07/10/2021 (21FP05)  
19:30 dydd Mercher 13/10/2021 (21FP06)  
12:30 dydd Mawrth 19/10/2021 (21FP07)  
19:30 dydd Mawrth 19/10/2021 (21FP08)

### FFORMAT:

Bydd y cwrs hwn yn cynnwys darllen a gweithgareddau cyn y cwrs. Bydd y sesiwn ei hun yn sesiwn ar-lein wedi'i hwyluso gyda thrafodaeth weithredol o senarios gyda'ch cydweithwyr.

### PARATOI CYN Y CWRS:

Bydd llyfryn cyn-weithdy ar gael ichi oddeutu pythefnos cyn y digwyddiad. Bydd angen cwblhau hyn a darparu deunydd i'w drafod a'i adolygu yn y digwyddiad.

### COFRESTRYD YN CAU:

30 munud cyn amser dechrau

Am fanylion pellach ac i gofrestru ar gyfer digwyddiadau, ewch i:



<https://www.wcppe.org.uk/shop>

[Cysylltwch â ni](#)

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